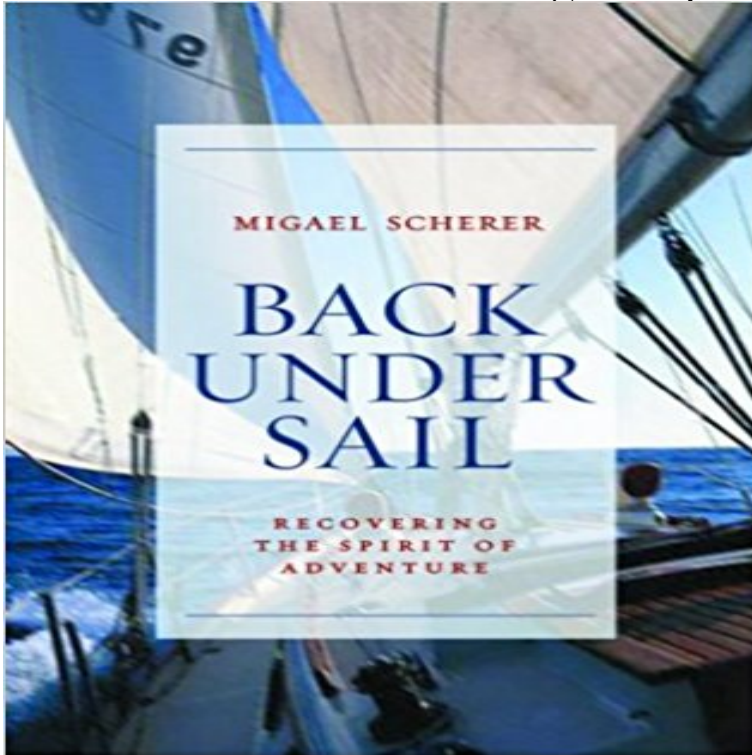


Back Under Sail: Recovering the Spirit of Adventure



Having lived aboard a sailboat for several years, Migael Scherer had never before raced over water. So when an invitation came to join a six-person crew on a race, she said yes. Three years prior, Scherers life had almost ended in a violent, near-fatal rape; the race becomes a personal voyage of recovery. She addresses the wonders and horrors, beauty and dangers of both the natural and civilized world. Throughout, she keeps an account of the race and its intricacies with the knowledge of a seasoned sailor and the freshness of a novice racer. Photographs and her story illuminate Scherers successful struggle to recapture her love of life.

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